



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church

Prayer for the Faithful Departed

O God,
Creator and Redeemer
of all the faithful,
grant to the souls of Your
departed servants,
happiness and peace as we
remember them with
charity and kindness.

May Jesus Christ,
the Universal King,
bring them freedom and
peace and embrace them
to join in His
everlasting Kingdom.
Amen.

His Sovereignty is Eternal



Thoughts of Blessed Francis Jordan
Cast all your cares to the Lord and soon you will discover that the Lord directs all things to the best outcome!



The Catholic Parish of Pittwater

You can find us on Instagram



(catholicparishpittwater)

SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



POPE FRANCIS' PRAYER INTENTION FOR NOVEMBER

For Those Who Lost A Child

Let us pray that all parents who mourn the loss of a son or daughter find support in their community, and may receive peace of heart from the Spirit of Consolation.

MASS TIMES

Sacred Heart Church

1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 9.30 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction *from 8.30 am followed by Mass*

Wednesday 9.30 am

Thursday 7 pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction *from 7.30 pm to 9.00 pm*

Friday 9:30 am
First Friday of the month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction *from 9:30 am, followed by Healing Mass/ Anointing of the Sick at 10.30 am*

WEEKEND MASSES
Saturday Vigil 5.00 pm
Sunday 8.00 am, 10.00 am & 6.00 pm (SOUL)

RECONCILIATION
Saturday Vigil
4.00 pm to 4.30 pm

BAPTISM
4th Sunday of the Month
11.30 am

Maria Regina Church

7 Central Road, Avalon

WEEKDAY MASSES

Monday 8.00 am

Wednesday 8.00 am

Thursday 10 am
9.00 am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45 am

Friday 8.00 am
First Friday of the month, *Healing Mass/ Anointing of the Sick at 8.00 am*

WEEKEND MASSES
Saturday Vigil 6.00 pm
Sunday 9.00 am

RECONCILIATION
Before Vigil Mass on Saturday

BAPTISM
3rd Sunday of the Month
11.00 am

We Pray *for*
Deceased Anniversary
Joe Garces

May all the souls of the faithful departed, through the mercy of God, rest in peace.
Amen

Prayer for the Sick

Anna Śmigowska
Anne Gerathy
James
Bruce Farr
Cindy Kalalo
Maureen Larios
Denise Wagner
Anna Maria
Elaine Boyes
Pauline Chipman

Anna
Svetlana
Leonor
Sofia

Anna Kantonec
Mother Pauline
Angela Miller
Philip Khalifeh
Joseph Khalifeh
Robert McCauley
Heidi Taylor

DVD REVIEW

The Reluctant Saint
The Story of St Joseph of Cupertino



At his mother's request, Montalban, her brother, reluctantly accepts his nephew into the monastery where we see one calamity after another.

LITURGICAL YEAR

Year B

2024 liturgical calendar
ENDS this Sunday,
24th November.

Year C will commence
on the 1st Sunday of Advent,
1st December

Liturgy for the Week

- 25/11 **Monday, Ordinary Time 34**
Rev 14:1-5; Lk 21:1-5
- 26/11 **Tuesday, Ordinary Time 34**
Rev 14:14-19; Lk 21:5-11
- 27/11 **Wednesday, Ordinary Time 34**
Rev 15:1-4; Lk 21:12-19
- 28/11 **Thursday, Ordinary Time 34**
Rev 18:1-2, 21-23, 19:1-3, 9;
Lk 21:20-28
- 29/11 **Friday, Ordinary Time 34**
Rev 20:1-4, 11-21:2;
Lk 21:29-33
- 30/11 **Saturday, St Andrew**
Rom 10:9-18; Mt 4:18-22

Scan to
Give to our
Parish of
Pittwater

Cashless Fast Secure



Scan the QR code above with your camera app and follow the prompts

Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.



menALIVE

A National Catholic Ministry for Men, founded out of a response to a great need in the hearts & lives of men & a great need in the life of the Catholic Church.

ALL MEN WELCOME

We Meet
First Tuesday of every Month
at 7pm
Sacred Heart Parish Centre

Bringing men together, to renew their faith in God & encourage them to be an active force of renewal in the Church.

For any questions contact
Joe Cilia – 0418 863 814

Parish Directory

Pittwater Parish

1 Keenan Street,
Mona Vale
NSW 2103
Tel 9157 0999

Parish Priest
Fr Richard Sadowski SDS
Tel 9157 0999 ext 10
pp@pittwaterparish.org

Assistant Priest
Fr Zygmunt Smigowski SDS
Tel 9157 0999 ext 12
ap@pittwaterparish.org

Parish Secretary
Belinda Cimino
Tel 9157 0999 ext 30
office@pittwaterparish.org

Administrative Assistant
Shereae Knight
Tel 9157 0999 ext 30
office@pittwaterparish.org

**Media & Communications
Coordinator**
Conille Felias
Tel 9157 0999 ext 31
media@pittwaterparish.org

Sacramental Coordinator
Sonia Samartin
Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

**CCD Catechist
Coordinators**
Maureen Wooldridge
Mobile 0421 907 469
Veronica Thomas
Mobile 0417 061 534

Sacred Heart Church
1 Keenan Street, Mona Vale

Maria Regina Church
7 Central Road, Avalon

SCHOOLS

Sacred Heart School
Mona vale
Tel 8197 6900
Principal: Mr Jamie Wahab

Maria Regina School
Avalon
Tel 7256 2138
Principal: Ms Kirsty Thorpe

**Mater Maria Catholic
College**
Warriewood
Tel 7256 2100
Principal: Mr Marc Reicher

CHANGES TO MASS SCHEDULE FOR THIS WEEK

MASSES AS PER USUAL

Maria Regina Church, Avalon

Monday, 25 November at 8 am

Thursday, 28 November at 10 am

Sacred Heart Church, Mona Vale

Tuesday, 26 November at 9.30 am

Wednesday, 27 November at 9.30 am

Friday, 28 November at 9.30 am

NO MASSES - LITURGY OF THE WORD WITH HOLY COMMUNION

Maria Regina Church, Avalon

Wednesday, 27 November at 8 am

Friday, 28 November at 8 am

Sacred Heart Church, Mona Vale

Thursday, 28 November at 7 pm

(Adoration of the Blessed Sacrament is at the usual time)

**PASTORAL
WORKS** Broken
Bay



“Connecting to the Mission of Jesus Christ!”

NOVEMBER APPEAL

“Your generosity with our Pastoral Works appeal helps us go further and wider in helping our community of Broken Bay, and more deeply connect us to our vision and the Mission of Jesus Christ. I am deeply grateful for your support.”

MOST REV ANTHONY RANDAZZO DD JCL BISHOP OF BROKEN BAY

**Confraternity of
Christian Doctrine (CCD)**



Providing religious education
in public schools.

**Hospital Chaplaincy
and Pastoral Care**



Care and support for patients
and families.

Every gift makes a difference. **THANK YOU!**



Please give generously to our
NOVEMBER 2024 APPEAL

Your Tax-deductible gift supports vital pastoral ministries in our local
community. Donate online at www.bbcatholic.org.au/pastoralworks





A Journey of
hope
Advent Program 2024

My dear sisters and brothers in Christ,

As we embark together on this holy Season of Advent - a time of preparation, anticipation and hope at the coming birth of the child Jesus - we are reminded of the immense joy that awaits us.

I commend this 2024 Advent Program to you as a resource for renewal and revitalisation in your own preparation. As Pilgrims of Hope, may your accompaniment of our Blessed Mother and Saint Joseph on their journey to Bethlehem bring you abundant grace and peace in the Lord.

Please be assured of my prayers for each of you throughout this Season of Advent.

Most Reverend Anthony Randazzo DD JCL
Bishop of Broken Bay

2024 Advent Program Booklets are available at the back of pews in both Churches.

An e-book is also available on the Diocesan website - bbcatholic.org.au

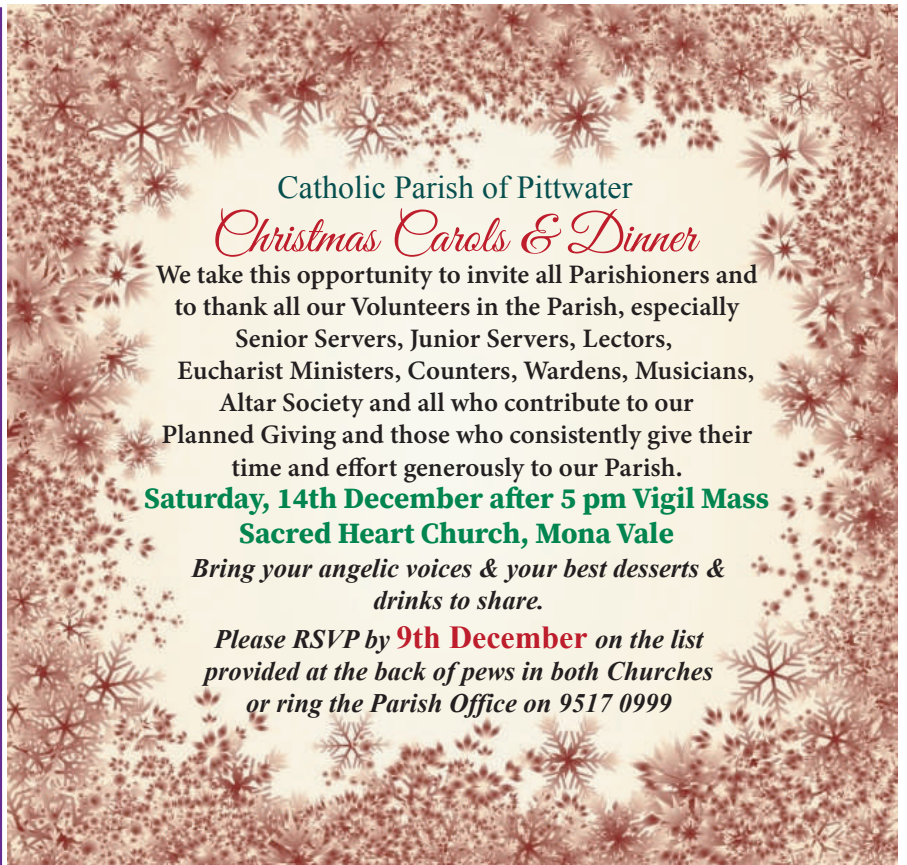
Carlo Acutis' Canonisation to Sainthood



On the 20th of November, ringing church bells echoed through the streets of Assisi to celebrate Pope Francis' announcement during the general audience that Blessed Carlo Acutis will be canonised as a Saint on 27th April 2025 during the Jubilee Year of Teenagers in Rome.

May the God of hope fill you with all joy and peace as you trust in him.

Romans 15:13



Catholic Parish of Pittwater

Christmas Carols & Dinner

We take this opportunity to invite all Parishioners and to thank all our Volunteers in the Parish, especially Senior Servers, Junior Servers, Lectors, Eucharist Ministers, Counters, Wardens, Musicians, Altar Society and all who contribute to our Planned Giving and those who consistently give their time and effort generously to our Parish.

Saturday, 14th December after 5 pm Vigil Mass
Sacred Heart Church, Mona Vale

Bring your angelic voices & your best desserts & drinks to share.

Please RSVP by 9th December on the list provided at the back of pews in both Churches or ring the Parish Office on 9517 0999

The Significance of the Feast of Christ the King



I am writing this article on the Feast of Christ the King. Pope Pius XI established this feast in 1925. In his Encyclical Letter, Quas Primas, he wrote, "That these blessings may be abundant and lasting in Christian society, it is necessary that the kingship of our Savior be as widely as possible recognized and understood, and to that end nothing would serve better than the institution of a special feast in honor of the Kingship of Christ."¹ In the world of 1925, and even more significantly, in 2020, it is often easy to be distracted and forget that Jesus Christ is not just our Lord and Savior, but He is also our King. Like loyal subjects, we MUST serve our King faithfully with our whole heart, mind, soul, and strength.

In the materialistic society we live in today, many people focus more on making money and acquiring things than they focus on serving God. Jesus tells us, "No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon (material wealth)." In today's world, it seems more people are serving mammon than serving God. Look at how many people, especially in political discussions, seem to despise God. We NEED the Feast of Christ the King to bring our focus back to where it belongs - to Jesus Christ.

We can only have one King. Either Jesus Christ reigns or the Evil One reigns. To quote Canon David Silvey, of the Oratory of St. Leo the Great, "We cannot be for Christ, and yet deny His authority over all people everywhere, even in the public square." If we are for Christ, we must be for Christ EVERYWHERE. At Mass, at home, at work, in the public square, and in the voting booth. We must allow Jesus to reign over our entire lives. If there is any part of our lives over which we do not allow Jesus to reign, we must honestly ask ourselves why. Jesus said, "He who is not for me, is against me." Are you with Jesus or against Him? If you are with Him, acknowledge His Kingship and allow Him to reign over your life completely.

Jason Izolt, MED, MAT
Catholic 365



**Confraternity of Christian Doctrine
Diocese of Broken bay
2024**

*Saturday, 16th of November
Our Lady of the Rosary Cathedral, Waitara*

CCD Annual Diocesan Mass for Catechists

O God, our heavenly Father, You have given us the gift of these Catechists to be heralds of the Gospel to our Parish Family. We lift them up to You in thanksgiving and intercede for them concerning their hopes and needs.

**Thank You to all of our Catechists & Congratulations to the
2024 Service Award Recipients**

Vivien Sterrantino (30 Years)

Judith Woodward (25 Years)

Judith May (10 Years)

Veronica Thomas (10 Years)

Julie Bell (10 Years)



Come and join our Catechist Ministry, we need volunteers to teach the Gospel of the Lord to kids of our state schools. It is a rewarding service to educate and guide them through their spiritual journey. It is also a wonderful opportunity to learn and grow in the Catholic faith and be a part of our Parish Family.

**If you are interested, please contact the Parish Office on 9517 0999 or our
CCD Catechist Coordinators: Maureen Wooldridge 0421 907 469 & Veronica Thomas 0417 061 534**

The *Living* Word

Entrance Antiphon Revelation 5:12; 1:6
How worthy is the Lamb who was slain, to receive power and divinity, and wisdom and strength and honour. To him belong glory and power for ever and ever.

First Reading Daniel 7:13-14
A reading from the prophet Daniel
His sovereignty is eternal.

I gazed into the visions of the night. And I saw, coming on the clouds of heaven, one like a son of man. He came to the one of great age and was led into his presence. On him was conferred sovereignty, glory and kingship, and men of all peoples, nations and languages became his servants. His sovereignty is an eternal sovereignty which shall never pass away, nor will his empire be destroyed.

The word of the Lord

Responsorial Psalm Ps 92:1-2. 5. R.v.1
(R.) The Lord is king; he is robed in majesty.

The Lord is king, with majesty enrobed; the Lord has robed himself with might, he has girded himself with power. **(R.)**

The world you made firm, not to be moved; your throne has stood firm from of old. From all eternity, O Lord, you are. **(R.)**

Truly your decrees are to be trusted. Holiness is fitting to your house, O Lord, until the end of time. **(R.)**

Second Reading Revelation 1:5-8
A reading from the book of the Apocalypse
The ruler of the kings of the earth ... made us a line of kings, priests to serve his God.

Jesus Christ is the faithful witness, the First-born from the dead, the Ruler of the kings of the earth. He loves us and has washed away our sins with his blood, and made us a line of kings, priests to serve his God and Father; to him, then, be glory and power for ever and ever. Amen. It is he who is coming on the clouds; everyone will see him, even those who pierced him, and all the races of the earth will mourn over him. This is the truth. Amen. 'I am the Alpha and the Omega' says the Lord God, who is, who was, and who is to come, the Almighty.

The word of the Lord.

Gospel Acclamation Mark 11:9, 10
Alleluia, alleluia!

Blessed is he who inherits the kingdom of David our Father; blessed is he who comes in the name of the Lord.

Alleluia!

Gospel John 18:33-37
A reading from the holy Gospel according to John
You say that I am a king.

'Are you the king of the Jews?' Pilate asked. Jesus replied, 'Do you ask this of your own accord, or have others spoken to you about me?' Pilate answered, 'Am I a Jew? It is your own people and the chief priests who have handed you over to me: what have you done?' Jesus replied, 'Mine is not a kingdom of this world; if my kingdom were of this world, my men would have fought to prevent my being surrendered to the Jews. But my kingdom is not of this kind.' 'So you are a king then?' said Pilate. 'It is you who say it' answered Jesus. 'Yes, I am a king. I was born for this, I came into the world for this: to bear witness to the truth; and all who are on the side of truth listen to my voice.'

The Gospel of the Lord

Communion Antiphon Psalm 28:10-11

The Lord sits as King for ever.
The Lord will bless his people with peace.

REFLECTION
by Diane Bergant

Each one of the readings depicts the enthronement of Christ who is revealed as the messiah-king. Until his trial, Jesus himself refused to be identified as king. The royal messianic expectations that prevailed during his lifetime were predominantly political. If he assumed them, his followers might have instigated a rebellion against the Roman occupiers. When finally he did acknowledge his royal identity, he insisted that his rule was not like that of other kings. Enthroned in heaven, Christ is revealed as the faithful witness to all that God has done and will continue to do. As first-born from the dead, his resurrection is the promise of our own resurrection. The dominion that he received from God is universal and exclusive and it will last forever. When he comes again on the last day, he will be revealed in all his glory. Christ's kingdom is a kingdom of truth and life, of holiness and grace, of justice and love and peace. We need not stand at a distance from him, afraid to approach because of our human vulnerability. He is the one who loved us so much that he handed himself over to suffering and death so that we might live. He has already brought us to birth in this kingdom through Baptism and he has taught us how to live in it. Today we look to that time when his glory will be revealed, when we will all be gathered into the embrace of God, there to sing praise to that glory forever.

© Dianne Bergant CSA



Vinnies

PIETY STORE

Christmas Cards & Calendars

are available at

Mona Vale Piety Store

Pack of 10 Cards for \$8
Calendars for \$12 each

EFTPOS is available
only on Sun @10am

All proceeds go to the
St Vincent de Paul
Society

Parish Morning Tea Gathering



Everyone is welcome to join us
every Month after the
8 am Mass on the 1st Sunday
10 am Mass on the 3rd Sunday
at
SACRED HEART CHURCH ,
MONA VALE

2nd and 4th Sundays
after the **9 am Mass in front**
of
MARIA REGINA CHURCH,
AVALON

Book of Remembrance



If you would like the names of your deceased loved ones, relatives or friends published in our "Book of Remembrance", please fill in the "November Offerings" envelopes and drop it in to the Parish office or put it in the collection during the weekend Masses. Each day in November, a Mass will be offered for all the names published in our "Book of Remembrance."

TRUE HUMILITY IS:

- H**onoring God above yourself
- U**nderstanding your need for grace
- M**ourning over your sin
- I**lluminating God's glory
- L**ooking for ways to serve others
- I**gnoring your pride + Satan's lies
- T**rusting God's plan over your own
- Y**earning to worship

Learn more at: www.livingfreedeed.com



PRIME VISION
PROPERTY MAINTENANCE

FREE QUOTE
0433 321 448

A Wide Range of Services from Expert Cleaners
We know how important it is to keep your windows squeaky clean and your property looking like new. That's why we offer a comprehensive range of property and window cleaning services to clients around Sydney. With the help of traditional methods and modern technologies, our cleaners can assist with:

- Window cleaning (traditional, pure-water and abseiling)
- HIGH PRESSURE CLEANING
- HOUSE SOFT WASHING
- GUTTER CLEANING
- SOLAR PANEL CLEANING



Electrical
Plumbing
Air Conditioning.

Ph:(02) 9905 8800

**We turn up,
Clean up &
Guarantee our
Work !!!**

**GET
IN TOUCH
TODAY**



**WILSON
FAMILY
FUNERALS**

CALL 02 9913 7131

Locally Australian family
owned and operated
Available 24/7



Ann, John and Kate of Wilson Family Funerals

Personally talk to Ann Wilson and her team

- Decades of experience caring for Northern Beaches and North Shore families
- A meaningful service uniquely personal to a family's needs and wishes
- Pre-paid funeral plans
- Care, compassion, love, understanding and support

Suite 3, 1440 Pittwater Rd,
North Narrabeen, Sydney

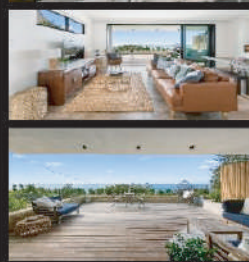
wilsonfamilyfunerals.net.au



Labelle is a two-bedroom apartment, minutes from Collaroy Beach & captures panoramic ocean views from its deck with lounge seating.

A modern open-plan living & dining area with a well-equipped kitchen. A beautiful space to get ready pre wedding or getaway.

for more information & to book a stay at this AirBnB, scan the QR Code



Scan me!

Stay humble.
Stay focused.
Stay blessed.



To find out more, call Tamara
0403226699

Every Girl. Everywhere. Period.



CATHOLIC
DIOCESE OF
BROKEN BAY

**I have called
you to renew
and rebuild.**

**PASTORAL
WORKS** Broken Bay

Donate to help families and parish communities in Broken Bay.

Your trusted
Funeral Directors on the
Northern Beaches

ANN WILSON FUNERALS

Proudly Local. Available 24/7

Dee Why 9971 4224 | Mona Vale 9979 5978

annwilsonfunerals.com.au



Part of the local
community since 1957

51 Basset St, Mona Vale
Ph: 9999 3340
49 Avalon Pde, Avalon
Ph: 9918 3315



Devitt Meats

Serving
Northern Beaches
Families
& Businesses
since 1976!

Ph: 9913 2624
2 Devitt Street
Narrabeen

BE
COMPLETELY
HUMBLE
AND
GENTLE;
BE
PATIENT;
BEARING
WITH
ONE
ANOTHER
IN
LOVE

© PHILIP LANG & CO

The Northern Beaches only local family
owned and operated funeral company



Chris Lee

With over 35 years
experience we can guide
you with sensitivity
and respect your loved
one deserves.

- * 24 hour professional service
- * Enquire about pre-paid funerals
- * Unique funerals a specialty

9999 5211

www.peninsulafunerals.com.au

Purveyor of Specialty Coffees



Driven by a passion for community
& quality



“use our 10% discount code
on checkout parish10 with
all coffee bean orders”

Award winning coffee
beans available online
www.coffeebros.com.au

PITTWATER PHARMACY COMPOUNDING CHEMIST



Ralph Papandrea
B.PHARM (Hons) MSc. MPS
Len Papandrea
B.PHARM. MPS
Sam Papandrea
B.PHARM. MPS
Andrew Snow
B.PHARM. MPS

1771 Pittwater Road
Mona Vale 2103
Ph: 9999 3398 Fax: 9999 3910

FINE WINE, SPIRITS & BEER

FLEET STREET

MERCHANTS

PAUL BOTTERO

1755 Pittwater Road
Mona Vale NSW 2103

Phone: 9999 3055
Fax: 9999 3055

HUNTER
ESTATE
AGENTS



Property Sales
2020



**Duane
Hunter**
0415 708 992
9970 7220

Follow us on



[duanehunterhea](https://www.facebook.com/duanehunterhea)